

PROGRAM STUDENT LEARNING OUTCOMES
Health and Fitness Science – Public Health – Certificate (C45630PH)-

Program SLO's
Students will demonstrate their understanding of the varying responsibilities in health and fitness management and how the law relating to athletics and physical education plays a part in the over concept of health and fitness, by performing at 70% or better on assessments throughout the curriculum
Students will be able to conduct an initial fitness evaluation/consultation, create a needs assessment plan and design a personalized exercise program that would be tailored to the individual or specific population, as measured by achieving mastery level score of 70 %, grade of C on course specific rubrics used throughout the curriculum.