

COURSE: NUR 114 HOLISTIC HEALTH CONCEPTS

HOURS: Lecture: 3 Lab: 0 Shop/Clinical: 6 Credits: 5

COURSE DESCRIPTION:

This course is designed to further develop the concepts within the three domains of the individual, healthcare, and nursing. Emphasis is placed on the concepts of cellular regulation, perfusion, inflammation, sensory perception, stress/coping, mood/affect, cognition, self, violence, health-wellness-illness, professional behaviors, caring interventions, and safety. Upon completion, students should be able to provide safe nursing care incorporating the concepts identified in this course.

PREREQUISITE(S): NUR 111

COREQUISITE(S): None

TEXTBOOK(S) & OTHER SPECIAL REQUIREMENTS:

Pearson products: Bundle ISBN: 9780135238134

- Adams, M.P., Holland, L.N., & Urban, C.Q. (2017). *Pharmacology for Nurses: A Pathophysiologic Approach*, 5th Edition. Upper Saddle River, NJ: Pearson Prentice Hall. ISBN: 978-0-13-425516-3
Readability: 12.6
- North Carolina Concept-Based Learning Editorial Board. (2019). *Nursing: A Concept-Based Approach to Learning*. (3rd ed). (Vol. I & II). Boston, MA: Pearson Education. (Volume I ISBN: 978-0-13-461680-3; Volume II ISBN: 978-0-13-461681-0). Readability level 15.0
- Callahan, B. (2019). *Clinical Nursing Skills: A Concept-Based Approach to Learning* (3rd ed). Boston, MA: Pearson Education. ISBN: 978-0-13461683-4
- Real Nursing Skills Videos. ISBN: 013508492X

Assessment Technologies Institute (ATI). ATI Product ID Code:
CDN006035620

DocuCare/PassPoint: Wolters Kluwer; Lippincott. Bundle ISBN:
9781496323606 (12 month access)

Halter, M. (2018). *Varcarolis' Foundations of Psychiatric Mental Health Nursing: A Clinical Approach* (8th ed.). St Louis, MO: Elsevier. ISBN
978-0-323-38967-9

Ignatavicius, D.D., & Workman, M.L. & Rebar, C. (2018). *Medical-Surgical Nursing: Concepts for Interprofessional Collaborative Care (9th ed)*. St Louis, MO: Evolve-Elsevier. ISBN 978-0-323444194

Phelps, L., Ralph, S., & Taylor, C. (2017). *Sparks & Taylor's Nursing Diagnosis Reference Manual (10th ed)*. China: Wolters Kluwer, Lippincott. ISBN: 9781496347817

ShadowHealth. Pharmacology. ISBN: 978-0-9897888-3-0

ShadowHealth. Undergraduate Assessment. ISBN: 978-0-9897888-1-6

Recommended Resources:

Ignatavicius, D.D., & Winkelman, C., Workman, L, & Heimgartner, N. (2018). *Clinical Companion for Medical-Surgical Nursing: Concepts for Interprofessional Collaborative Care (9th ed.)* St Louis, MO: Evolve-Elsevier. ISBN 978-0-323461702

Ignatavicius, D.D., & Workman, L, & Rebar, C., & LaCharity, L.. (2018). *Study Guide for Medical-Surgical Nursing: Concepts for Interprofessional Collaborative Care (9th ed.)* St Louis, MO: Evolve-Elsevier. ISBN: 9780323461627

Additional recommended items may be found free of charge in the BCC Library, Nursing Lab, and on StatRef:
NCLEX-RN review materials of choice
Medical Dictionary
Drug Guide
Laboratory & Diagnostic Handbook

STUDENT LEARNING OUTCOMES:

Objective I: Upon completion of the course, the learner will further develop knowledge of concepts within the domain of the individual.

Learning Outcomes:

1. Examine the pathophysiology, prevalence and clinical course of individuals with specific alterations in health.
2. Differentiate between the healthy individual and those individuals experiencing alterations in health.
3. Detect changes within the internal and external environment of the individual with these alterations.
4. Correlate diagnostic tests and procedures with the identified alterations.

Objective II: Upon completion of the course, the learner will be able to provide safe, culturally competent, therapeutic nursing care to individuals.

Learning Outcomes:

1. Respond to situations with an awareness of the values, attitudes, behaviors, and beliefs important to professional nursing.

2. Incorporate all concepts within the domain of nursing to safely provide therapeutic care to individuals with alteration in health.
3. Communicate professionally and effectively while safely providing therapeutic care to individuals with alterations.
4. Effectively collaborate with the individual/individuals and members of the interdisciplinary healthcare team to provide therapeutic care.
5. Develop a teaching plan for individuals incorporating teaching and learning principles.
6. Collaboratively manage care of the individual with alterations in health.

Objective III: Upon completion of the course, the learner will be able to safely and ethically execute the management of therapeutic nursing care within the healthcare system for individuals.

Learning Outcomes:

1. Practice safely and ethically within the healthcare system according to the nursing practice act, healthcare policy, and National Patient Safety Goals.
2. Employ information technology to support clinical decision making.
3. Utilize principles of evidence-based practice while safely providing therapeutic nursing care to individuals in the healthcare system.
4. Advocate, protect, and support the individual's rights and interests.
5. Accept accountability for behavior, actions and judgment.

SYLLABUS INFORMATION:

The Student Learning Outcomes listed in this syllabus are those required actions that a student who successfully completes the course must be able to perform. The educational experience, however, is a two-way, interactive process involving both the student and the instructor. The student must play an active role in the learning process in order to be successful. Instructors will provide an Instructor's Syllabus document at the first class meeting explaining how they measure each of the Student Learning Outcomes. A student who is unable to accomplish the outcomes will not receive a passing grade in the course.

The information in this BCC Syllabus may not be accurate beyond the current semester. Textbooks and other course materials are subject to change. Students should verify the textbooks at the first class meeting with their instructor prior to purchasing.

GRADING SYSTEM:

The ADN program grading scale is as follows:

A	93-100
B	85-92
C	80-84
D	70-79
F	Below 70
I	Incomplete

Each course Instructor's Syllabus states the specific criteria for computing the final course grade.

The nursing student **MUST** earn a minimum numerical grade of **80 without rounding** in all nursing courses in order to pass and progress in the program. All grades above 80 will be rounded to the nearest whole number before assigning a letter grade. .

Clinical performance is graded as Satisfactory or Unsatisfactory. The student must receive a 'Pass' on the clinical Evaluation tool at the end of the course to pass the course and progress to the next sequence. In addition, the student must attend at least eighty percent (80%) of scheduled clinical experiences to pass the course. The student who does not meet the clinical requirements of performance or of attendance will receive a grade of 'F' in the course.

ATTENDANCE POLICY:

Each student has individual responsibility for attending class regularly and for meeting course objectives. A student is expected to attend all class meetings in a course. Rules on tardiness and leaving class early are addressed in each instructor's syllabus. Instructors are required to record absences and report excessive absenteeism to the Registrar.

If a student is absent for any reason in excess of 20 percent of the class hours, he or she is in violation of the Brunswick Community College attendance policy. Unless the student officially withdraws from the course prior to the 65 percent point of the 16 week semester (or equivalent days for courses of other duration), he or she may receive a grade of "F."

Students who receive an "EXCESSIVE ABSENTEEISM NOTICE" are advised to contact their instructors immediately to review the conditions for withdrawing from the course or for continuing the course.

STUDENTS WITH DISABILITIES:

Brunswick Community College complies with the Americans with Disabilities Act and Section 504 of the Rehabilitation Act, which require that no qualified student with a disability be excluded from participation in or be denied the benefits of any services, programs or activities on the basis of his or her disability. If a student has a disability that is covered by the Americans with Disabilities Act and requires accommodations in the classroom and/or in extracurricular activities, the student must request the accommodations in writing and submit the request to the Disability Services Coordinator. Instructors will not provide accommodations without notification from the Disability Services Coordinator. Brunswick Community College will make every effort to provide reasonable accommodations.