

**CERTIFICATE
HEALTH AND WELLNESS MANAGEMENT
(C45630HW)**

Name: _____

Student ID: _____

College Readiness	
	<u>English</u>
Must enroll in Transition English (ENG-002) course	
Must enroll in ENG-111 co-requisite course	
May enroll directly into ENG-111	
	<u>Math</u>
Must enroll in Transition Math (MAT-003) course	
Must enroll in co-requisite course MAT-043,MAT-052,MAT-071	
May enroll directly into MAT-143,MAT-152,MAT-171	

FIRST FALL SEMESTER				
Course Prefix & Number	Course Title	Semester & Year	Grade	Credit Hours
ENG 111	Writing and Inquiry			3
PED 110	Fit and Well for Life			2
or HEA 110	Personal Health/Wellness			3
COM 231	Public Speaking			3
	TOTAL			8-9

FIRST SPRING SEMESTER				
Course Prefix & Number	Course Title	Semester & Year	Grade	Credit Hours
BUS 137	Principles of Management			3
or PED 165	Exercise Science as a Career			3
PSY 150	General Psychology			3
	TOTAL			6
	TOTAL CREDIT HOURS			14-15