

**BCC Covid 19 Quarantine Guidelines For Faculty, Staff, and Students
As Recommended by the CDC and Local Health Department
UPDATED 1-3-22 TO REFLECT NEW CDC GUIDANCE (in red)**

1. EXPOSURE

- If you have been exposed to the virus – within 6 feet or less for an accumulation of 15 minutes or more – follow these guidelines:
- Report your status to your supervisor/instructor. He/she will report your information to BCC administration, who will notify the county health department **if we are seeing a large cluster of infections (per Brunswick County Health Department)**.
- **If vaccinated with whole series and/or boosted**
 - **You DO NOT have to quarantine, unless exhibiting symptoms**
 - Monitor yourself for symptoms for 10 days from last exposure – **test on day 5, if possible**
 - Wear a mask when around others indoors during that time period
 - If you develop symptoms, **get a Covid test and stay home (then if a positive result- follow “positive covid” protocol in #2)**
- **If not vaccinated or are not boosted**
 - Stay home (**quarantine**) for **5** days after your last contact with a person who has Covid
 - **If you can't quarantine, you must wear a mask for 10 days**
 - **Test on day 5, if possible**
 - Watch for symptoms – fever, cough, shortness of breath, or other symptoms **and if they develop get a test and stay home (then if a positive result- follow “positive covid” protocol in #2)**

2. POSITIVE COVID - IF YOU TEST POSITIVE FOR COVID-19 (ISOLATE)

- **REGARDLESS OF VACCINATION STATUS:**
 - **Stay home for 5 days.**
 - **If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.**
 - **Continue to wear a mask around others for an additional 5 days**
 - **If you have a fever, continue to stay home until your fever resolves**
- If you develop Covid – report your status to your supervisor/instructor, just like you do for any illness when you will be absent. If possible, provide

them with names and phone numbers of those that you have been in close contact with – defined as 6 feet or less for a total of 15 minutes or more

- Your supervisor/instructor will report your information to BCC administration, who will notify the county health department **if we are seeing a large cluster of infections (per Health Department)**.

9/14/21; **1/3/22**